

# Arvind Vashisht MD MRCOG

## Qualifications

1989-1992	St Catharine's College, Cambridge University
March '01	M.A. Hons
June '92	B.A. Hons
1992-1995	The London Hospital Medical College, London
June '95	M.B.B.S.
	(Distinction in Obstetrics and Gynaecology)
Feb '97	Part I, MRCOG (1st attempt)
Nov '04	Part II MRCOG (1st attempt)
June '09	MD thesis University of London

## Current post:

Consultant Obstetrician and Gynaecologist and Honorary Senior Lecturer, University College Hospital, London

# Key Roles & Appointments

Chair Local Organising Committee Silver Jubilee Meeting, British Society of Gynaecological Endoscopy 2015

Council Member of the Royal Society of Medicine Obstetrics and Gynaecology Section (2009-present) (Hon Secretary 2012-2013)

North Central London Maternity and Newborn Network Quality and Safety Committee (2011-2014)

Clinical Governance Committee British Society of Urogynaecology (2012-present)

Chairman of Regional North London Urogynaecology Group (2010-present)

Clinical Lead for Obstetrics, University College Hospital (2011-2014)

Northeast Thames Advanced Training Skills Module Preceptor Urogynaecology (2014-present)

Invited lecturer for Royal College of Surgeons and Royal College of Obstetricians and Gynaecologists meetings

Faculty trainer for Royal College of Surgeons pelvic anatomy courses (2011-present)

# Publications, Papers, Abstracts & Reviews

Vashisht A, Studd J, Carey A, Burn P. "Fatal septicaemia after fibroid embolisation." Lancet 1999; 354: 307-8

Vashisht A, Studd JWW. "Uterine artery embolisation: a pilot study." Journal of the British Menopause Society. 1999;Vol5,S3:32

Vashisht A, Khastgir G, Studd JWW. "The Role of initiating hormone replacement therapy to prevent and treat osteoporosis in the older postmenopausal woman." In Management of the Menopause in the Millenium. Parthenon ED J Studd 1999.

Studd JWW, Vashisht A. "HRT: The Ideal Timing to Start and Stop" In Controversies in Obstetrics Gynaecology and Infertility. Eds. Ben-Rafael Z & Shoham Z. 1999: p19-22

Studd JWW, Vashisht A. "Selecting the Oestrogen for Treatment" In Controversies in Obstetrics Gynaecology and Infertility. Eds. Ben-Rafael Z & Shoham Z. 1999: p41-44

Domoney CL, Vashisht A, Kelman R, Studd JWW. "HRT Continuation 10 Years After Hysterectomy." Menopause 1999;Vol6,4:338

Burn P, McCall J, Chinn R, Vashisht A, Smith R Healy J.. "Uterine Fibroleiomyoma: MR Appearances before and after Embolization of Uterine Arteries" Radiology 2000;214:729-734

Vashisht A, Domoney CL, Handscomb K, Smith JR, Bridges JE. "Patient Satisfaction With The Care Provided At A Gynaecology Oncology Clinic." Journal of Obstetrics and Gynaecology (2000) Vol.20, No.2, 183-184

Vashisht A., Domoney C, Cronje W, Wirth KA, Studd JWW "Unorthodox versus Conventional Therapies for the Treatment of Menopausal Symptoms" Journal of the British Menopause Society 2000 S3:36

Vashisht A, Studd JWW, Domoney C, Khastgir G "The effect of long term oestradiol implants on bone mineral density" Journal of the British Menopause Society 2000 S3:22

Domoney C, Anim-Nyame N, Vashisht A, Wirth KA, Studd JWW. "Leptin and Insulin Resistance in women with Premenstrual Syndrome and Asymptomatic Women." Journal of the British Menopause Society 2000 S3:26-7

Domoney C, Vashisht A, Wirth KA, Studd JWW "Comparison of the Use of non-oral oestrogens by gynaecologists and general practitioners for severe pre-menstrual syndrome" Journal of the British Menopause Society 2000 S3:27

Vashisht A, Khastgir G, Domoney C, Studd J. "The Effect of Prolonged Oestradiol Therapy on Bone Density" Menopause 2000;7(6):436

Domoney C, Vashisht A, Cronje W, Wirth KA, Studd JWW. "Complementary Therapy Use by Premenstrual Syndrome Sufferers and Menopausal Women" Menopause 2000;7(6):437

Domoney C., Vashisht A., Studd J. "A survey of doctors' attitudes to premenstrual syndrome and its management" International Journal of Gynecology and Obstetrics, Volume 70, Supplement 4, 2000, pp. 114-114(1)

Vashisht A, Studd JWW, Carey AH, McCall J, Burn PR, Healy JC, Smith JR. "Fibroid Embolisation: a technique not without significant complications" BJOG. 2000 Sep;107(9):1166-70

Vashisht A, Studd JWW. "Molecular Mechanisms of Oestrogens: The Gynaecologists' Viewpoint" European Journal of Cancer 2000(36) S14-15.

Vashisht A, Studd J "HRT after hysterectomy" FOGSI focus on "The New Science of HRT"2000 p19-21.

Moore A, Vashisht A, Sabin C, Mocroft A, Madge S, Phillips AN, Studd JWW, Johnson MA. "Reduced bone mineral density in HIV-positive individuals". AIDS. 2001 Sep 7;15(13):1731-3.

Cronje W., Vashisht A. Lichen Planus. Trends in Urology Gynaecology & Sexual Health 2001;6;3:28

Vashisht A, Cronje WH. Vulval carcinoma Trends in Urology Gynaecology & Sexual Health 2001; Vol6 Issue 5

Studd J, Cronje W Vashisht A, "The role for supplemental androgens in men and women"  
In Controversies in Obstetrics and Gynaecology and Infertility Eds. Ben-Rafael Z, Shoham Z, & Frydman R. 2001: p 285-291

Vashisht A, Studd J. "Perimenopausal applications of oestrogen therapy". Gynaecology Forum 2001;6:28-31

Vashisht A, Domoney C, Cronje W, Studd J. "Prevalence of and satisfaction with complementary therapies and hormone replacement therapy in a specialist menopause clinic." Climacteric. 2001 Sep;4(3):250-6.

Cronje W, Vashisht A, Hawkins A, Studd J "Five Year follow-up of women diagnosed with PMS. How are they now?" Menopause 2001;8:674

Cronje W, Vashisht A, Studd JWW. "Continuation rates in women who have had TAH and BSO for PMS" Journal Of the British Menopause Society, Supplement S3 p24 2001

Domoney C, Vashisht A, Studd JWW, Boag F. The use of open access genito-urinary clinics by women over the age of 45. Journal Of the British Menopause Society, Supplement S3 p25 2001

Vashisht A, Cronje W, Studd JWW "Testosterone therapy to treat partial endocrine deficiency in the aging male" Journal Of the British Menopause Society, Supplement S3 p33 2001

Vashisht A, Smith JR, Thorpe-Beeston G, McCall J "Pregnancy subsequent to uterine artery embolization." Fertil Steril. 2001 Jun;75(6):1246-8

Dragovic B, Greaves K, Vashisht A, Straughair G, Sabin C, Smith N "Chlamydial co-infection among patients with gonorrhoea". Int J STD AIDS. 2002 Apr;13(4):261-3

Durvasula R, Ahmed SM, Vashisht A, Studd JWW. "Hormone replacement therapy and malignant melanoma: to prescribe or not to prescribe?" Climacteric 2002;5:197-200

Domoney CL, Vashisht A, Studd JW. Premenstrual syndrome and the use of alternative therapies. Ann N Y Acad Sci. 2003;997:330-40.

Domoney C, Vashisht A, Studd JWW. "Use of complementary therapies by women attending a specialist, premenstrual syndrome clinic." Gynecol Endocrinol. 2003 Feb;17(1):13-8.

Vashisht A, Studd JW "Five-year changes in bone density, and their relationship to plasma estradiol and pretreatment bone density, in an older population of postmenopausal women using long-term estradiol implants" Gynecol Endocrinol. 2003 Dec;17(6):463-70

Cronje WH, Vashisht A, Studd JW "Hysterectomy and bilateral oophorectomy for severe premenstrual syndrome." Hum Reprod. 2004 Sep;19(9):2152-5.

Vashisht A, Yentis S. "The value of routine haemoglobin concentration measurement before caesarean section." J Obstet Gynaecol. 2005;25(2):131-3

Vashisht A, Studd J. Managing menorrhagia:hysterectomy. Women's Health Medicine. 2005; 2:3:25-29

Vashisht A, Regan L. Antiphospholipid syndrome in pregnancy-an update. RCPE 2005  
[http://www.rcpe.ac.uk/fellows/CME/maternal/regan/regan\\_2.html](http://www.rcpe.ac.uk/fellows/CME/maternal/regan/regan_2.html)

Vashisht A, Wadsworth F, Carey A, Carey B, Studd J. "A study to look at hormonal absorption of progesterone cream used in conjunction with transdermal estrogen." Gynecol Endocrinol 2005; 21(2):101-105.

Vashisht A, Regan L. Recurrent miscarriage – the role of prothrombotic disorders. In Implantation and Early Development. RCOG Press 2005. Eds Critchley, Cameron and Smith. p229-239.

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Vashisht A, Jeffery S, Franco A, Fynes M. " The effects of different sequences of filling on urodynamic parameters and on the detection of detrusor overactivity and stress incontinence" Int Urogynecol J (2006) 17 (Suppl.2):S248.

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Vashisht A, Gulumser C, Pandis G, Saridogan E, Cutner A. "Voiding dysfunction in women undergoing laparoscopic treatment for moderate-severe endometriosis." *Fertility and Sterility* 2009 92(6):2113-5

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Manchanda R, Silvanto A, Abdelraheim A, Burnell M, Johnson M, Saridogan E, Rosenthal AN, Brunell C, Aslam N, Vashisht A, Pandis G, Jacobs I, Menon U, Benjamin E. Diathermy-induced injury may affect detection of occult tubal lesions at risk-reducing salpingo-oophorectomy. *Int J Gynecol Cancer*. 2012 Jun;22(5):881-8.

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